

## WHY DOES TŪTURU EXIST?

Tūturu was created to help schools and health services better support all students to learn and be well.

Combining the expertise of the education and health sectors, Tūturu helps rangatahi and the wider school community to explore complex issues.

Initially, our focus was on alcohol and other drugs, aiming to help schools move away from reactive methods to proactive approaches that prepare students for the challenges of modern life.

Now, we're broadening focus to encompass other aspects of young people's health such as implementing student-led action. By fostering critical thinking skills and offering support during difficult times, we strengthen young people's ability to navigate life's challenges.



**tūturu.**  
tuturu.org.nz



**tūturu.**

**A modern  
approach  
to student  
wellbeing  
in Aotearoa.**



## WHAT IS TŪTURU?

**Tūturu is a modern, evidenced-based approach to student wellbeing.**

We bring together schools and health providers to enhance outcomes for rangatahi and promote health, critical thinking, and resilience in today's world.

## WHAT DO WE DO?

We work in four main areas; school climate (such as BOT training and policy), pastoral care, professional learning and development, and curriculum resources for students in years 9-13.

A Tūturu approach strengthens school ecosystems and enhances the experiences and overall wellbeing of students.

**“I've had teachers come up to me and say, ‘How come we didn't learn this in teacher's college?’ You'd be delighted to see what happens in schools.”**

*– Kim Gotlieb, Tūturu Lead Ōtepoti Dunedin*

## OUR RESOURCES

- ▶ Tailored curriculum materials for years 9-13 relating to English, geography, mathematics and health.
- ▶ Professional learning and development for educators and health providers – including e-learning units (available August 2023).
- ▶ Comprehensive and tailored plans for enhancing school climate.
- ▶ Support from a network of health and education experts.

## EVIDENCE-BASED APPROACH

Tūturu is grounded in the latest research and continuously evolves through regular evaluations and reviews.

The key finding of a previous evaluation (available on our website), was that Tūturu helped shift a school's focus from punitive to pastoral.

## WHO'S INVOLVED?

Led by the New Zealand Drug Foundation, Tūturu is supported by:

- The Ministry of Education
- Te Whatu Ora Community Health, Mental Health and Addictions and Health Promotion (previously Te Hiringa Hauora)
- NZ Police

We've expanded our partnerships across Aotearoa, fostering partnerships and positive change in the education and health sectors.

## HOW DO I GET STARTED?

- ① **Connect** with one of our Tūturu providers.
- ② **Identify** resources that fit your context.
- ③ **Attend** our learning sessions with health and education experts.
- ④ **Partner** with us for a comprehensive plan and dedicated support. You can tailor Tūturu to your school's needs.



**Join the Tūturu community and help bring positive changes to your school.**

Visit [Tūturu.org.nz](https://www.tuturu.org.nz) for more information.