

Knowing your strengths: Johari Window

Known to yourself

Not known to yourself

Known to others

Open area

Things you know about yourself that others know about you too.

Blind spot

Things about you that you don't know about yourself that others know about you.

Not known to others

Hidden area

Things you know about yourself, but other people don't know about you.

Unknown

Things you don't yet know about yourself and other people don't know about you.